September 2019 Lunch Menu Student’s name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
 Student’s Homeroom \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
**Please return Menu as soon as possible.** Please **circle** all days on calendar for which a student is ordering lunches.   
Number of meals \_\_\_\_\_\_\_ x $ \_\_\_\_\_\_\_= \_\_\_\_\_\_\_Please enclose full amount owed for lunch which includes milk.   
 Free lunch enter **$0** Reduced price lunch enter **$0.40** K-8th grade lunch enter **$3.25** 9th-12th grade lunch enter **$3.50**    
Please X Milk Choice (\_\_\_\_\_\_ Nonfat milk \_\_\_\_\_\_ 1% milk \_\_\_\_\_\_ no milk) to go with preordered lunch.   
I want to order milk to go with my breakfast from home (please circle days you want milk) and I choose:  
(\_\_\_\_\_\_ Nonfat milk \_\_\_\_\_\_ 1% milk \_\_\_\_\_\_ no milk) as my milk choice.   
Number of milks \_\_\_\_\_\_\_ x $ 0.50 = \_\_\_\_\_\_\_Please enclose full amount owed for milk (all students must pay for extra milk).

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| **Meatless Mondays** | | **Tuesday** | | **Wednesday** | | **Thursday** | | **Friday** | |
| **2** |  | **3** |  | **4** |  | **5** |  | **6** |  |
| **Labor Day** | | Braised Beef BBQ Sandwich | | Marvelous Meatballs with | | Get Fit Chef’s Salad | | Crispy Chicken Nuggets | |
|  | | Bright Orange & Yellow Peppers | | Red Sauce & Pasta | | Snickerdoodle Hummus | | Tater Tots w/ketchup | |
| **No School** | | w/BSVI’s Cream Cheese Dip | | Brussel Sprouts | | w/ Pretzels | | Watermelon Chunks | |
|  | | Fruit Salad | | Mixed Berry Smoothies | | Fresh Peach | |  | |
| **9** |  | **10** |  | **11** |  | **12** |  | **13** |  |
| PB&J on BSVI’s Bread | | Bake Shop VI’s own Cheesy | | Greens & Strawberry Salad | | Roaring Rainbow Chili | | Hotdog on WG Bun | |
| Bright Red Peppers | | Bread with Marinara Sauce | | w/Balsamic Dressing | | Baked Apples | | Curly Fries | |
| Fruit Cobbler | | Crispy Cucumbers | | Vanilla Hummus with Pretzels | | Wholegrain Crackers | | Pine-Apple Sauce | |
|  | | Fresh Apple | |  | |  | |  | |
| **16** |  | **17** |  | **18** |  | **19** |  | **20** |  |
| Loaded Baked Potato | | Taco Salad with Charred Corn | | Beef & Beans Burritos | | Mouthwatering Meatball Sub | | Hamburger on Fresh | |
| Sauteed Zucchini Slices | | Cantaloupe | | Crispy Cucumbers | | Green Peppers & Carrots | | Baked Focaccia Bread | |
| Pear Slices | | Nacho Chips & Salsa | | Fresh Peaches | | Apple-Orange-Cranberry Sauce | | Sweet Potato Fries | |
| Whole Wheat Focaccia Bread | |  | |  | | (Raisins HS) | | Mixed Berry Smoothie | |
| **23** |  | **24** |  | **25** |  | **26** |  | **27** |  |
| Perfect Potato Pierogies | | Chicken & Ranch Salad w/Pita | | Savory Soft-Shell Taco | | Fish Sticks | | Chilled Turkey Sub | |
| Sauteed Zucchini Slices | | Mixed Bean Salad | | w/Fresh Salsa | | Broccoli | | Crunchy Carrots | |
| Pineapple Smoothie | | Fresh Grapes | | Sweet Corn | | Blondies | | Apple-Orange-Cranberry Sauce | |
|  | |  | | Fresh Pineapple | | Fresh Apples | |  | |
| **30** |  |  |  |  |  |  |  |  |  |
| Black Bean Burgers | |  | |  | |  | |  | |
| Curly Fries | |  | |  | |  | |  | |
| Fruit Cobbler | |  | |  | |  | |  | |
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