September 2019 Lunch Menu Student’s name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
 Student’s Homeroom \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
**Please return Menu as soon as possible.** Please **circle** all days on calendar for which a student is ordering lunches.
Number of meals \_\_\_\_\_\_\_ x $ \_\_\_\_\_\_\_= \_\_\_\_\_\_\_Please enclose full amount owed for lunch which includes milk.
 Free lunch enter **$0** Reduced price lunch enter **$0.40** K-8th grade lunch enter **$3.25** 9th-12th grade lunch enter **$3.50**
Please X Milk Choice (\_\_\_\_\_\_ Nonfat milk \_\_\_\_\_\_ 1% milk \_\_\_\_\_\_ no milk) to go with preordered lunch.
I want to order milk to go with my breakfast from home (please circle days you want milk) and I choose:
(\_\_\_\_\_\_ Nonfat milk \_\_\_\_\_\_ 1% milk \_\_\_\_\_\_ no milk) as my milk choice.
Number of milks \_\_\_\_\_\_\_ x $ 0.50 = \_\_\_\_\_\_\_Please enclose full amount owed for milk (all students must pay for extra milk).

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| **Meatless Mondays** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **2** |  | **3** |  | **4** |  | **5** |  | **6** |  |
| **Labor Day** | Braised Beef BBQ Sandwich | Marvelous Meatballs with | Get Fit Chef’s Salad | Crispy Chicken Nuggets |
|  | Bright Orange & Yellow Peppers | Red Sauce & Pasta | Snickerdoodle Hummus  | Tater Tots w/ketchup |
| **No School** | w/BSVI’s Cream Cheese Dip | Brussel Sprouts | w/ Pretzels | Watermelon Chunks |
|  | Fruit Salad | Mixed Berry Smoothies | Fresh Peach |  |
| **9** |  | **10** |  | **11** |  | **12** |  | **13** |  |
| PB&J on BSVI’s Bread | Bake Shop VI’s own Cheesy  | Greens & Strawberry Salad | Roaring Rainbow Chili | Hotdog on WG Bun |
| Bright Red Peppers | Bread with Marinara Sauce | w/Balsamic Dressing | Baked Apples | Curly Fries |
| Fruit Cobbler | Crispy Cucumbers | Vanilla Hummus with Pretzels | Wholegrain Crackers | Pine-Apple Sauce |
|  | Fresh Apple |  |  |  |
| **16** |  | **17** |  | **18** |  | **19** |  | **20** |  |
| Loaded Baked Potato  | Taco Salad with Charred Corn | Beef & Beans Burritos | Mouthwatering Meatball Sub | Hamburger on Fresh |
| Sauteed Zucchini Slices | Cantaloupe | Crispy Cucumbers | Green Peppers & Carrots | Baked Focaccia Bread |
| Pear Slices | Nacho Chips & Salsa | Fresh Peaches | Apple-Orange-Cranberry Sauce | Sweet Potato Fries |
| Whole Wheat Focaccia Bread |  |  | (Raisins HS) | Mixed Berry Smoothie |
| **23** |  | **24** |  | **25** |  | **26** |  | **27** |  |
| Perfect Potato Pierogies | Chicken & Ranch Salad w/Pita | Savory Soft-Shell Taco | Fish Sticks | Chilled Turkey Sub |
| Sauteed Zucchini Slices | Mixed Bean Salad | w/Fresh Salsa | Broccoli | Crunchy Carrots |
| Pineapple Smoothie | Fresh Grapes | Sweet Corn | Blondies | Apple-Orange-Cranberry Sauce |
|  |  | Fresh Pineapple | Fresh Apples |  |
| **30** |  |  |  |  |  |  |  |  |  |
| Black Bean Burgers |  |  |  |  |
| Curly Fries |  |  |  |  |
| Fruit Cobbler |  |  |  |  |
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